

# 2013

# PRODUCT LIST



11293 Chalet Road  
North Saanich, BC  
V8L 5M1

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**Step 1:** Contact us to receive a weekly Purchase Order\* via email (info@kildarafarms.com)

**Step 2:** Return completed Purchase Order via email for delivery. Please allow 48 hours to fill order for absolute freshness.

**Step 3:** Invoice will accompany delivery

\* Purchase Orders contain all products & quantities available for a 7-day period. An updated Purchase Order will automatically be sent on consecutive weeks. Quantities specified are limited due to growing conditions or availability. Please place orders as soon as possible.

**Note: Prices are listed on the Purchase Order**



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Columbia  
Certified  
Organic

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Product	Description
Broiler Chicken	The chickens were raised for 9 weeks and are certified organic up until the processing stage. The chickens were processed in Duncan BC (a non-certified facility) in Dec 2012. The chickens are correctly referred to as organically raised, not certified organic as designated by the check mark. Kildara Farms is working towards the certification of the processing plant. Frozen individually. Weight 4 to 6 lb each.



Product	Description
Chicken Breast	Organically raised. Double breast bone-in with attached skin. Frozen individually. Weigh 1½ to 3½ lb each.



Product	Description
Chicken Wings	Organically raised. Whole wings with skin attached. Frozen pkg vary; approx 5 per pkg.



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Product	Description
Chicken Bones	Organically raised. Back and neck are attached. Excellent for broth. Frozen individually.



Product	Description
Chicken Leg & Thighs	Organically raised. Leg and thighs are attached. Frozen pkg vary; approx 2-5 per pkg.



Product	Description
Eggs	Our current flock of about 250 chickens produce about 13 dozen eggs per day. By April 2013, Kildara Farms will have a brand new certified organic flock of approximately 399 point-of-laying chickens. Expected yield of 24 dozen per day. The brown eggs produced are medium to large; ungraded per dozen.



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Product	Description
Bacon	Pigs were raised for 24 weeks and are certified organic up until the processing stage. Processed in Duncan in February 2013, all pork products are correctly referred to as organically raised, not certified organic as designated by the check mark. Frozen vacuum sealed bacon packages weigh between ½ lb to 1 lb.



Product	Description
Back Fat Strips	Organically raised. The back fat was removed in strips and can be rendered into lard and deep frying. Packages vary in weight.

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Product	Description
Skin	Organically raised. Skin available in bulk by the pound. Butcher rolled skin and packaged into brown paper.



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Product	Description
Hocks	Pork hocks, also called knuckles or ham hocks, are known as <i>golonka</i> in Polish. The hock is actually the ankle of the pig. Weight approx 2 to 3 lb.



Product	Description
Pork Chops	Organically raised. Single and double packs of chops. Rapped in brown paper. Packages vary in weight (approx. ½ to 2 lb).



Product	Description
Ground Pork	Organically raised. Ground in package. Rapped in brown paper. Packages vary in weight (approx. 1 lb).



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Product	Description
Butt Steaks	Pork butt is a cut of meat from the shoulder of the pig. The steaks are cut from the thicker section of the shoulder where there is more intense marbling. This makes the "butt" an excellent cut for pulled pork and barbecue. Pkg weight approx 1 to 2 lb each.



Product	Description
Leg Roast	Roasting the leg of pork gives nice lean, uniformly shaped slices. Roast pkg varies in weight from 2 ½ lb to 3 ½ lb.



Product	Description
Picnic Roast	From the front leg of the pig, the lower 'arm' portion of the shoulder is most commonly called the arm picnic. Picnic roast pkg varies in weight from 3 ½ lb to 4 ½ lb.



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Product	Description
Improved Siberian Kale	Heavily frilled, large leaves with long succulent stalks grow to form stout, heavy-set dwarf plants. Leaves are bright blue-green, and ready for fresh use. Available in bulk & ¼ lb (114g) bunches.



Product	Description
Red Russian Kale	Stems are purple; leaves are flat, toothed, and dark green with purple veins. For salads and light cooking. Available in bulk & ¼ lb (114g) bunches.



Product	Description
Bandit Leeks	Our sturdy winter crop has dark blue-green leaves averaging 8 inches tall. Chop and fry these sweet leeks like onions.





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Product	Description
Russet Potatoes	Small to palm-size available. Thick skin, great for baked potatoes. Harvested in 2012 season.



Product	Description
Russian Banana Fingerling Potatoes	Harvested in 2012, these tender, unusually narrow fingerling potatoes make the best tasting potato salad in the world. Tubers have yellow flesh.



Product	Description
Mixed Salad Greens	Included, but not limited to, Mizuna, Arugula, Ruby Streaks, Giant Red, Mixed Salad Bowl, Red Mustard, and Sweet Red.



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Product	Description
Fordhook Giant Swiss Chard	Dark green, very savoyed leaves are borne on thick, greenish-white stalks in this cold-hardy variety. Useful, versatile, reliable, decorative, and flavourful. An heirloom variety from the 1750s.



Product	Description
Yellow Zucchini	The Gold Rush Zucchini variety harvested in 2012 was processed and frozen. Each package contains 2 cups of shredded zucchini with no additives; 100% zucchini!



Product	Description
Blackberries	Hand-picked during 2012 season. Pints were frozen and bagged individually. Approx. weight per bag is ½ lb plus.



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Product	Description
Apple Juice	Cold UV-pasteurized at Phil's Farm in Central Saanich. Frozen. Mixture of apple varieties from our 2 acre orchard of approximately 600 trees. Apple mash was reserved for pigs!



Product	Description
Sage Mix	Fresh leaves of Golden and Purple Sage. Tastes good with/in poultry stuffing mixtures with onion, rich and fatty meats such as goose and pork, sausages, and other charcuterie, veal, risotto, and salad.



Product	Description
Rosemary	Fresh sprigs. Thin, dark green, needle-like leaves are very aromatic with a crisp, woody perfume. Excellent with lamb and pork dishes.



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Product	Description
Oregano	Fresh leaves. The robust flavor of oregano is the quintessential pizza flavoring and tastes good with/in oil and vinegar salad dressing, poultry, game, seafood, soups, beans, and pasta.



Product	Description
Chives	Fresh stems. Rich in vitamins A and C, their flavor is reminiscent of onion, but more delicate because they contain less sulfur.

Please visit our website @ [www.kildarafarms.com](http://www.kildarafarms.com)